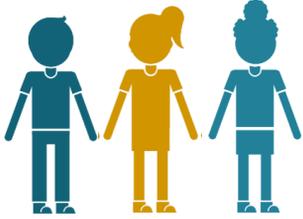




Leicester City Council

# Leicester Children and Young People's Health and Wellbeing Survey 2016



**2,977**

**10-15 year olds**

Surveyed from October 2015 to April 2017.

Children and young people were asked questions about; where they live, school, leisure activities, relationships, wellbeing, diet, oral health, physical activity, smoking, alcohol and drug use.



**9 out of 10**

Think their area is a 'good' or 'ok' place to live.

Top 3 areas for improvement:

- Better parks**
- More things to do**
- Cleaner streets**

**3 out of 4** enjoy at least half of their school lessons

School is the main source of information for many health and wellbeing issues

After leaving school...

**6 out of 10** want to go to university.



**Over half** have been in love

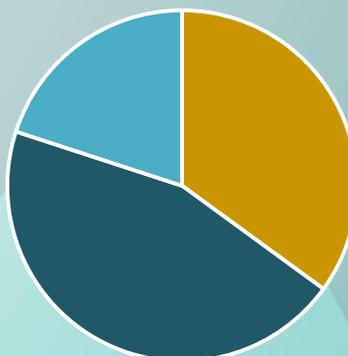
Less than 1 in 10 14-15 year olds reported having had sex.

**4 out of 5**

Worry about at least one issue 'quite a lot'.

Main worries include health of a family member, exams, family problems, looks.

Vigorous exercise days a week



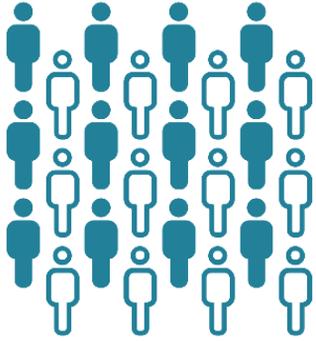
**No days (35%)**

**Less than 3 days (45%)**

**More than 3 days (20%)**



**1 in 10** eat a takeaway on most days



Analysis of the survey reveals that some groups are more likely to reveal negative experiences or show signs of being vulnerable.

**White British, the most deprived, and those living in the North West, West and South of the city are more likely than other groups to report risk factors.**



**A third** of children have a parent/carer who smokes.

**Half of White British children report their parents smoke.**

**1 in 5** said they feel unsafe at either home, school, local area or nearest park.

**About half** have experienced bullying (a quarter in the last year).



Those with a parent/carer who smokes are significantly more likely to have tried tobacco products.



**1 in 3** 14-15 year olds said they had drunk alcohol.

White British children are more likely to have tried alcohol while Asian children are less likely to have tried alcohol.

A quarter of children show signs of poor resilience; stating 'if something goes wrong they feel bad for ages'.



**What do you think about the results?**

Do you think it presents an accurate picture of children and young people in Leicester?

Go to the website for further information.



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