

Leicester City Learning Disability Partnership Board



Minutes



Main Hall City Hall



Wednesday

4 October 2017

10.00am to 12.30pm

Some of the pictures used in the Partnership Board minutes, have been taken from the Change Picture Bank and Photo symbols

If you would like the minutes in bigger print or in a different language please call: 0116 454 2392



1. Welcome and introductions

Tracie Rees and Zoe Goodwin chaired the meeting and welcomed everybody. Tracie Rees said that councillor Rory Palmer has now left the Council. The New Lead member Councillor Vi Dempster will be joining us in the next few months.

Everybody said their names and what they do.



- **Tracie Rees**
Director for Adult Social Care & Commissioning, Leicester City Council
- **Zoe Goodwin**
Local Leader, Mosaic
- **Mark Aspey**
Autism, Learning Disabilities, Mental Health and Substance Misuse, Adult Social Care and Commissioning, Leicester City Council
- **Tom Elkington**
Business Change Commissioning Manager, Adult Social Care & Commissioning, Leicester City Council
- **Mary McCausland**
Head of Care Services, Leicester City Council
- **Sian Clark**
Team Manager, Shared Lives, Adult Social Care, Leicester City Council
- **Ranjan Ravat**
Head of Service, Learning Disabilities, Leicester City Council
- **Leon Jeffers**
Local Leader, Mosaic
- **Ranjit Singh**
Local Leader, Mosaic

- **Helen Perry**
Advocate, Mosaic
- **Sam Lawrence**
Advocate, Mosaic
- **Reehan Adam**
Team Leader, Mosaic
- **Charles Huddleston**
Centre Manager, The Carers Centre
- **Shayma Yaslam**
Interim Carers Wellbeing Project Manager, Ansaar
- **Barry North**
Family Carer
- **Jackie North**
Family Carer
- **Stan Brown**
Family Carer
- **Darren Goddard**
Leicestershire Police
- **Laura Horton**
Leicestershire Centre for Integrated Living (LCIL)
- **Anthony Church**
Department for Work and Pensions
- **Donna Bishop**
Valuing People Support Assistant, Leicester City Council
- **Shamima Essat**
Valuing People Support Assistant, Leicester City Council
- **Shamima Sidat**
Valuing People Support Assistant, Leicester City Council

- **David Brown**
Person centered planning assistant, Leicester City Council
- **Kavita Dholakia**
Valuing People Officer, Leicester City Council
- **Aaron Keen**
Values Manager, Voluntary Action Leicestershire
- **Matthew Pinches**
Engagement Officer, Adult Social Care & Safeguarding
- **John Singh**
Strategy & Implementation Manager
Leicester City Clinical Commissioning Group
- **Sangita Topiwala**
Strategy & Implementation Support Officer
Leicester City Clinical Commissioning Group
- **Julia Kew**
Lead Health Facilitator, Leicestershire Partnership Trust

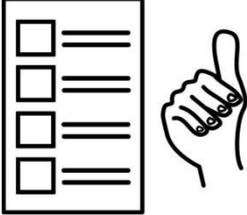
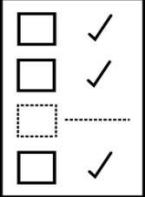


2. **Apologies**

(People who could not come to the meeting)

- **Joe Dawson**
Head of service, SEN & Disabilities, Leicester City Council
- **Gill Huddleston**
Carers Centre worker and Family Carer
- **Ann Grant**
Local Leaders, Mencap Advocacy Project
- **Steph Chapman**
Family Carer

- **Micheal Smith**
Healthwatch Officer
- **Rob Melling**
Head of Community Development
Leicestershire Partnership NHS Trust
- **Susan Lyons**
SALT Lead for Communication, Adult Learning
Disabilities, Leicestershire Partnership Trust

	<p>3</p> <p>3.1</p>	<p>Minutes of the last meeting (5th July 2017)</p> <p>The minutes of the last meeting were agreed as correct.</p>
	<p>4</p> <p>4.1</p> <p>4.2</p>	<p>Matters Arising</p> <p>At the last meeting there was a discussion about all the reviews taking place at Agnes Unit. Use of Hastings Road was suggested for this.</p> <p>Ranjan Ravat to chase Katrina Dickens about going to the transitions team to talk about the learning disability acute liaison nurse team.</p>

	<p>5.</p>	<p>We Think</p> <p>Local leaders Leon Jeffers and Ranjit Singh gave We Think report.</p>
	<p>5.1</p>	<p>Advocacy Consultation</p> <p>We Think filled in the Advocacy Consultation paper, and we are pleased that the council are re thinking about the type of Advocacy service's that they want to provide.</p> <p>We Think it's really important that Leicester City Council continue to support the Advocacy Groups for people with a Learning Disability and we have been reassured that this will continue.</p> <p>We think that it's important to have Care Act Advocacy but we also think that there should be any other Advocacy for people with a learning disability.</p> <p>We Think group would like to have an update as to what is happening with the consultation.</p> <p>Tracie Rees said that Voluntary and Community Sector preventative services consultation is on pause. We will pick this up with Councillor Vi Dempster. We will contact the organisations to rediscuss the position.</p>
	<p>5.2</p>	<p>Health Campaign Workshop</p> <p>We attended two health campaign workshop run by Bindya at Mencap.</p> <p>The first work shop was about knowing your rights when you receive health care in hospitals, and we learnt about the law, reasonable adjustments and how to make a challenge.</p>



The second workshop was about campaigning to improve health care in hospitals for people with a learning disability, we learnt how to set up a local campaign and how campaigning is important to improve services.

Katrina Dickenson, the Acute Liaison Nurse, also came to the workshop, she explained her role and gave out her contact details.



5.3

Other work

We have talked about the council tax consultation, which has stopped and we gave our views on the information and advice consultation paper.



We read through the Learning Disability Acute Liaison Nurse Annual Report.



The Braunstone Blues, Fire Brigade and the Ambulance Service came to the Brite Centre to do a drop in session, offering advice and information. The We Think members joined in and those who wanted to, had a health check from ambulance service.



Braunstone Blues come to We Think to do an awareness session on keeping safe.



6

Carers Action Group

6.1

Charles Huddleston gave a presentation about the carers issues and events by Leicester family carers of people who have a learning disability.

6.2

Carers of people who have autism meeting 20th July:

Jackie Robinson from De Montfort university came to talk with us again about the work she is doing with people who have Asperger syndrome.

The work they are doing looking at:

Me understanding me
Me understanding others
Others understanding me

Using this way of thinking it helps people to understand why we sometimes have difficulty understanding each other.

6.3

Carers Assessment meeting 14th September:

Most of the carers at the meeting had completed a carers assessment. The carers said they had asked for an assessment.

They were not sure that one would have been offered if they had not asked for one. They said that they had not received a care plan for themselves as part of the assessment.

They did feel that by completing individual carers assessment that their caring situation was better understood.

	<p>6.4</p>	<p>Carers of people who have autism meeting 21st September:</p> <p>Tony Church was unable to make the meeting with family carers.</p> <p>At the meeting we talked about Personal Independent Payment (PIP)</p> <p>We looked at the paperwork the National Autistic society had written about PIP.</p> <p>The website is: http://www.autism.org.uk/30701 If you want to know how to claim PIP you should go to the Government webpage at: https://www.gov.uk/pip</p>
	<p>6.5</p>	<p>Carers Meeting 25th September:</p> <p>There was a family carers meeting with Steven Forbes Strategic Director of Adult Social Care.</p> <p>After listening to Mr Forbes we realised that unless things alter at a National Level there are going to be some serious problems for Councils to deal with.</p> <p>The problems will make things difficult for a lot of people.</p>
	<p>6.6</p>	<p>Carers of people who have a learning disability meeting 27th September:</p> <p>A potential safeguarding issue was discussed.</p> <p>The case showed that social care staff are under a lot of pressure.</p> <p>Our concerns are that no short cuts are taken when a reported concern is received by social services.</p> <p>We do not want a tragic situation to happen. It</p>

		<p>reminded us that we all need to think about keeping people safe.</p> <p>We also talked about healthy eating. This is something that is important for everyone.</p> <p>These are some useful webpages to help with eating healthily:</p> <ul style="list-style-type: none"> • Healthy eating: http://www.nhs.uk/Livewell/Goodfood/Pages/Healthyeating.aspx • The eat well guide: http://www.nhs.uk/Livewell/Goodfood/Pages/the-eatwell-guide.aspx • Fruit and vegetable portions: http://www.nhs.uk/Livewell/5ADAY/Pages/Portionsizes.aspx <p>6.7 More useful NHS webpages about healthy eating</p> <p>Eating meat and staying healthy:</p> <p>http://www.nhs.uk/Livewell/Goodfood/Pages/meat.aspx</p> <p>Food and diet: http://www.nhs.uk/Livewell/Goodfood/Pages/Goodfoodhome.aspx</p> <p>The checking you weight is healthy guide: http://www.nhs.uk/Tools/Pages/Healthyweightcalculator.aspx</p> <p>The calorie checker: http://www.nhs.uk/Tools/Pages/Calorie-checker.aspx</p> <p>6.8 Carers Self help group</p> <p>We have had a lot of self-help group meetings between July and today.</p> <p>Family carers have been able to use the group to:</p> <p>Look at carer assessments Look at how to obtain help with getting aids</p>
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		and adaptations Look at difficulties with the benefit agencies Look at issues around getting a diagnosis referral
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	7.	Health Update Sangita Topiwala and John Singh from the Leicester City Clinical Commissioning group gave an update on learning disability annual health checks.
	7.1 7.2 Action 7.3 7.4	<p>At the last meeting Sangita shared the details about the number of health checks completed. It was suggested to create an easy read booklet about the health checks, what people with learning disabilities should expect from their annual health check and why they are so important with a view to increase health check uptake in Leicester City.</p> <p>Sangita Topiwala sent the draft booklet to the board members for comments. She thanked all for the feedback. Sangita shared 2 options for the design of the booklet for all to give their views.</p> <p>Sangita Topiwala to go to the We Think group to talk about the Health checks booklet.</p> <p>Sangita Topiwala talked about the targeted work they do with the GP practices to make sure they offer health checks to people with learning disabilities. Last year they have asked 30 GP Practices about what support CCG can provide.</p> <p>Ranjit Singh said that it would be good to have health checks booklet available in different languages.</p>

	7.5	Stan Brown asked if the health checks can be offered to carers.
	Action	John Singh to feedback at the next meeting if the health checks can be offered to carers.

	8	Transforming Care update
	8.1	Tracie Rees, Director for Care Services and Commissioning gave an update on Transforming Care. The presentation is circulated to all members with the papers for this meeting.
	8.2	In Leicester We are working with Leicestershire and Rutland Council's health colleagues and Steph Chapman to improve services for people with a learning disability and or autism. This is called the Transforming Care Partnership.
	8.3	We have developed a transition plan to give people additional support and right care. The plan is about stopping people with a learning disability and or autism going into the Agnes Unit or supporting them to move out when they are well enough. People who provide the right care are trained properly. This is not just internal staff but also other care providers so they know how to support people properly.
	8.4	The Agnes Unit is the local hospital for people with a learning disability and or autism. There are currently 6 people in the Agnes Unit who are ready to move out. Although 6 people sounds a small number 1 person with complex needs have been in the hospital for 12 years. We have to make sure people have the right support package. Enablement team and shared lives team works with people around building independence.

	8.5	Ranjit Singh asked about shared lives. Ranjan Ravat said that shared lives is when someone lives in a family environment from the 18 years of age.
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	9	Leicester Safeguarding Adults Board
	9.1	Matthew Pinches, Engagement officer from Leicester Safeguarding Adults Board talked about Engagement and participation. The presentation is circulated to all members with the papers for this meeting.
	9.2	Zoe Goodwin asked what if you don't have the proof that abuse has happened. Matthew said that it is important to talk to the people you trust about it.
	9.3	Donna Bishop said that it was important to talk to the people and keep safe.
	9.4	Tony Church said that all public servants have a safeguarding role and it is good to see the work happening around this.
	9.5	Tom Elkington asked about the service user reference group. Matthew said that this is now called engagement group and Laura Horton chairs the group.

	<p>10</p> <p>10.1</p> <p>Action</p> <p>10.2</p>	<p>Anything Else</p> <p>Partnership Board meeting rules (Terms of Reference)</p> <p>Tom Elkington talked about reviewing terms of reference for the Partnership Board. If anyone would like to get involved let Tom know.</p> <p>Tom Elkington to arrange a meeting to look at the terms of reference for the Partnership Board with the people who volunteered to get involved over the next month.</p> <p>Tony Church said that Department for Work and Pensions is going through number of changes and looking at how they work with the Partnership Boards. They are reviewing all the meetings, input and outcomes for Department for Work and Pensions.</p>
	<p>11</p>	<p>Meeting dates in 2018:</p> <p>24th January 2018 Time: 10:00 to 12:30pm Venue: Large hall, Brite Centre, Braunstone Avenue</p> <p>25th April 2018 18th July 2018 31st October 2018</p> <p>Venue: Main Hall, City Hall, 115 Charles Street Leicester LE1 1FZ</p>

Actions

- 1. Sangita Topiwala to go to the We Think group to talk about the Health checks booklet.**
- 2. John Singh to feedback at the next meeting if the health checks can be offered to carers.**
- 3. Tom Elkington to arrange a meeting to look at the terms of reference for the Partnership Board with the people who volunteered to get involved over the next month.**