

**Leicester City
Mental Health
Partnership Board**

Minutes

**Main Hall, City Hall
115 Charles Street
Leicester
LE1 1FZ**

**Wednesday
17th January 2018
10 to 12:30**

1. Welcome and introductions

Tracie Rees and Grant Paton chaired the meeting and welcomed everybody. Everybody said their names and what they do.

Tracie Rees

Director for Care Services & Commissioning, Leicester City Council

Ben Smith

Business Change Commissioning Manager, Adult Social Care and Commissioning, Leicester City Council

Grant Paton

Co-chair, Genesis service user representative

Ramesh Kanani

Carer

Navin Gandhi

Carer

Kirit Shah

Carer

Joe Chaney

service user representative

Martin Judson

Head of Finance, Leicester City Council

Farhnaz Abubakar

Richmond Fellowship

Charles Huddleston

The Carers Centre Worker and family carer

Darren Goddard

Hate Crime Officer, Leicestershire Police

Alyson Taylor

Strategic Development & Integration Manager, University Hospitals of Leicester

Nicola Wilmot

Service Manager, Housing, Leicester City Council

Jackie North

Carer

Barry North

Carer

Minakhshi Bhatt

Carer

Sue Mason

Healthwatch Leicester City

Jules Galbraith

Head of Service for Community Mental Health
Leicestershire Partnership Trust

Helen Thompson

Leicestershire Partnership Trust

Nicola Smith

Lead Nurse for Quality & Contracts, East Leicestershire and Rutland
CCG

Philomena Mclarty

Enablement Team Leader, Leicester City Council

John Singh

Strategy & Implementation Manager, Leicester City Clinical
Commissioning Group

Tony Church

Social Justice Lead, Employer & Partnership DWP Leicestershire &
Northamptonshire

Bharat Keshwala

Partnership Manager, Job Centre Plus

Christopher Headley

Head of Advocacy, LAMP

Gustavo Tomas

Service Manager, Advance UK

Tejash Gohil

Service manager, Advance UK

Laura Horton

Chief Executive, Leicestershire Centre for Integrated Living (LCIL)

Nisha Khetia

Mental Health Co-ordinator, Leicestershire Police

June Gomes

The Race Equality Centre

Mark Wheatley

Public Health Specialist, Leicester City Council

Sarah Morris

Head of Adult Mental Health, Leicester City Council

Mary McCausland

Head of Enablement, Leicester City Council

Shamima Essat

Valuing People Support Assistant, Leicester City Council

David Brown

Valuing People Support Assistant, Leicester City Council

Kavita Dholakia

Valuing People Officer, Leicester City Council

2. Apologies

Mark Aspey

Lead Commissioner – Autism, Learning Disabilities, Mental Health and Substance Misuse, Adult Social Care and Commissioning, Leicester City Council

Tania Shah

Patient Advisor, De Montfort University and service user representative

Gill Huddleston

The Carers Centre Worker and family carer

Gill McIntyre

Head of Student Support, University of Leicester

Helen Perfect

Head of Service Inpatients Crisis & Liaison, Leicestershire Partnership Trust

Rob Melling

Head of Community Development, Leicestershire Partnership Trust

Claire Knowles

Project Engagement Officer, Healthwatch Leicester

3. Minutes of the last meeting and Matters arising (25th October 2017)

3.1 The minutes of the last meeting were agreed as correct.

3.2 **Update on Action from the last meeting:**

Action Ben Smith to give an update around mental health needs of refugees and asylum seekers and an update about Mental Health & Substance misuse Employability forum at the April meeting.

This is due to having council budget as an agenda item this month.

- 3.3 Tracie Rees said that we need to make sure that Mental Health Partnership Board have the ability to raise the issues with Health & Wellbeing Board. Tracie Rees have asked Ben Smith to look at the Mental Health Joint Commissioning Strategy and action plan. The board will be overseeing the actions and will be a campaigning Board. Future meetings will be co-chaired by Councillor Clarke and Grant Paton.
- 3.4 Ben Smith said that we had 2 meetings with users and carers to ensure they have more oversight and look at what more can be done to better reflect the Terms of Reference and increase service user and carer voices. The board meetings will be co-chaired by service user representative Grant Paton.
- 3.5 Ramesh Kanani, a carer representative will be the vice-chair.

4. Service user issues and good practice

- 4.1 The issue was raised around a serious incident at Bradgate Unit and service users are concerned about the suicides rates.
- 4.2 It was discussed that when the incident happens, Leicestershire Partnership Trust do a detailed investigation through Coroner's process and all of the information is public. This includes investigations and lessons learnt.
- 4.3 Joe Chaney requested data around how many suicides have happened recently. The Coroner has been very critical of the investigations done at Bradgate Unit.
- 4.4 Ben Smith suggested that it would be useful to email the questions to him before the meeting, particularly if any data is required.

Action Suicide rates to be on agenda at the next meeting.

- 4.5 John Singh said that there is also suicide Prevention Strategy.

Action Darren Goddard to email the link to suicide prevention strategy to Kavita for circulation.

- 4.6 Helen Thompson said that as an NHS organisation, they have a Trust Board who meets on a monthly basis and papers are available on Leicestershire Partnership Trust website.

- 4.7 Darren Goddard said that if the papers from the NHS Trust board are available online then we have the ability to compare the information twice a year at the board.

Action Ben and Kavita to collate the information/papers for NHS Trust Board meetings.

- 4.8 Alyson Taylor attends the mental health operations forum at University Hospitals of Leicester and she will send a request for an agenda item at the future meeting.
- 4.9 There was a discussion around Rob Melling setting up a group to review Leicestershire Partnership Trust Strategy.
- 4.10 It was discussed to have a task and finish group to look at Suicide rates and mental health strategy.**

5. Carers issues and good practice

- 5.1 At the last carers group meeting Gill Huddleston talked about carers assessment. Charles Huddleston said that it is important to know what difference the carers assessment will make. Charles is happy to do the session with staff around what are the advantages of carers assessments.
- 5.2 Charles said that carers center is doing work with GP surgeries around carers legislation from last few years. They have had some success with practice nurse but not with the GPs.
- 5.3 Currently there is not a carer representative from the carers center at the board pre-meetings.
- 5.4 Ramesh Kanani said that carers grant is available in county but not in the city.
- 5.5 Ramesh Kanani said that users/carers lead meetings have been taking place at temples to get more people involved.

6. Council Budget

- 6.1 Martin Judson from the finance department gave an overview of the council Budget to board members followed by discussion.
- 6.2 Joe Chaney asked if any of the adult social care services had a review.
- 6.3 Sarah Morris said that over a year ago each head of service had to look at what we do and staffing. This was to ensure efficiency and how do we do better.
- 6.4 Tracie Rees (Director for ASC and Commissioning) said that this is a national issue. Our politicians have raised this and are taking every opportunity we have to talk to the government about this issue. Demographics of the city are not supporting and what this might be in 2-3 years time.
- 6.5 Grant Paton asked whether the problem is with local government and asked who is responsible for Adult social care from local and national government.
- 6.6 Charles Huddleston responded that Jeremy Hunt from national government is responsible for Health and Social Care.
- 6.7 Gustavo Tomas said that we need more social workers.
- 6.8 Sarah Morris said that there is no money available for that and it is about understanding how do we do things differently and we have ongoing conversations with our social workers team.
- 6.9 Charles Huddleston said that one of the problems is the media and how the adult social care agenda is seen by the government. We need to start promoting the adult social care agenda differently even though this doesn't solve the immediate problem.

7. Time to Change

- 7.1 Mark Wheatley talked about an event taking place to mark Time to Talk Day on Thursday 1st February from 10am to 4pm at St Martins House and circulated flyer for the event to all with the information

around the community Grant.

- 7.2 You can drop in at any time during the day. The aim is to talk about mental wellbeing as a way of challenging stigma linked to mental illness. Organisations including Richmond Fellowship, LAMP, Samaritans and Healthwatch Leicester will be supporting us. There will be break-out groups run by the Samaritans, activities, pledges and workshops on the five-ways to well-being, as well as signposting to support services. Throughout the day, Tea, Talk and cake sessions with space to talk and listen to others will take place.

8. Universal Credit

- 8.1 Bharat Keshwala from Job Centre Plus gave an update on Universal Credit to board members followed by discussion. The presentation included video clips around making a new claim, opening an account and completing an online claim. In Leicester Universal Credit goes live on 13th June. Universal Credit covers 6 benefits in 1 claim. Once the account is opened people have 28 days to complete the claim online.
- 8.2 Barry North said that this is not easy to use for carers who don't use a computer to make a claim online.
- 8.3 From April the Department of Work and Pensions will be working with organisations to support clients in the community to use a computer to make an online claim.
- 8.4 Joe Chaney asked what happens if anyone forgets the password to access their claim online.
- 8.5 Bharat Keshwala said that people can go to Job Centre Plus with their ID and they can sort this out.
- 8.6 Tracie Rees said that people with mental health problems and learning disabilities are concerned about what percentage of benefits they will be getting.
- 8.7 Tony Church said that this should be the same unless there are any changes to their income at work.

9. Any other Business

- 9.1 Darren Goddard said that he is changing his role so today's meeting is his last meeting. Nisha Khetia, Mental Health Co-ordinator from Leicestershire Police will continue to attend the board meetings.
- 9.2 Joe Chaney raised concerns around the waiting times for appointments with the Lets talk wellbeing service. It took 6 months for him to receive the initial appointment. There should be easy access to what is available and to signpost people.

Action John Singh to invite IAPT service to give an update at the Board meeting.

- 9.3 There was a discussion around my choice directory. Any information to update on my choice directory should be sent to Emily.Howarth@leicester.gov.uk or to Ben.Smith2@leicester.gov.uk who can pass this to Emily.
- 9.4 Farhnaz Abubakar from Richmond Fellowship said that there is an advisory group for mental health recovery group taking place on 24th January. Farhnaz to email any information about the meetings taking place to Kavita for circulation.

10. Meeting dates 2018

18th April 2018

11th July 2018

24th October 2018

Time: 10 to 12:30pm

Venue: Main Hall, City Hall
115 Charles Street

Actions

- 1. Ben Smith to give an update around mental health needs of refugees and asylum seekers and an update about Mental Health & Substance misuse Employability forum at the April meeting.**
- 2. Suicide rates to be on agenda at the next meeting.**
- 3. Darren Goddard to email the link to suicide prevention strategy to Kavita for circulation.**
- 4. Ben and Kavita to collate the information/papers for NHS Trust Board meetings.**
- 5. John Singh to invite IAPT service to give an update at the Board meeting.**