

# **Leicester City Mental Health Partnership Board**

## **Minutes**

**Main Hall, City Hall  
115 Charles Street  
Leicester  
LE1 1FZ**

**Wednesday  
11<sup>th</sup> July 2018  
10 to 2**

## **1. Welcome and introductions**

Councilor Adam Clarke and Tania Shah chaired the meeting and welcomed everybody. Everybody said their names and what they do.

### **Cllr Adam Clarke**

Deputy City Mayor (Environment and Health lead)

### **Ben Smith**

Business Change Commissioning Manager, Social Care and Education, Leicester City Council

### **Tania Shah**

Co-chair, service user and Patient Advisor,  
De Montfort University

### **Grant Paton**

Co-chair, service user

### **Mark Aspey**

Lead Commissioner – Autism, Learning Disabilities, Mental Health and Substance Misuse, Social Care and Education, Leicester City Council

### **Tom Elkington**

Business Change Commissioning Manager, Social Care and Education, Leicester City Council

### **Ramesh Kanani**

Vice-chair, Carer

### **Kirit Shah**

Carer

### **Navin Gandhi**

Carer

### **SK**

service user

### **Nicola Mannion**

Leicestershire Police

### **Nicola Wilmot**

Service Manager, Housing, Leicester City Council

**Esther Jones**

Programme Manager - Troubled Families, Childrens Centres & Family Support, Leicester City Council

**Jan Pearce**

Probation Health Trainer, DLNR CRC

**Jackie North**

Carer

**Barry North**

Carer

**Gill Huddleston**

The Carers Centre Worker and family carer

**Debra Murray**

The Carers Centre

**AR**

Service user and Carer

**Minakshi Bhatti**

Family Carer

**Mary McCausland**

Head of Enablement, Leicester City Council

**Phil Hazledine**

Team Leader, Enablement, Leicester City Council

**Farhnaz Abubakar**

Richmond Fellowship

**Gemma Barrow**

Community Outreach Lead, Healthwatch Leicester and Leicestershire

**Vib Patel**

Disability employment coach, Department For Work and Pensions

**Harshida Ghaghda**

Disability employment coach, Department For Work and Pensions

**Gabby Briner**  
CEO, You in mind

**John Singh**  
Strategy & Implementation Manager, Leicester City Clinical  
Commissioning Group

**Sukhpal Heran**  
Student, Leicester City Clinical Commissioning Group

**Michael Macbean**  
University of Leicester

**Krystyna Frampton**  
Senior Economic Regeneration Employment Hub Officer

**Matthew Pinches**  
Engagement Officer, Adult Social Care &  
Safeguarding

**Kavita Patel**  
Service manager, Advance UK

**Tejash Gohil**  
Service manager, Advance UK

**Laura Horton**  
Chief Executive, Leicestershire Centre for Integrated Living (LCIL)

**Nisha Khetia**  
Mental Health Co-ordinator, Leicestershire Police

**Shamima Essat**  
Valuing People Support Assistant, Leicester City Council

**David Brown**  
Valuing People Support Assistant, Leicester City Council

**Kavita Dholakia**  
Valuing People Officer, Leicester City Council

## **2. Apologies**

**Tracie Rees**

Director for Care Services & Commissioning, Leicester City Council

**Jules Galbraith**

Head of Service for Community Mental Health  
Leicestershire Partnership Trust

**Helen Thompson**

Leicestershire Partnership Trust

**Rob Melling**

Head of Community Development, Leicestershire Partnership Trust

**Sue Langly**

LAMP

**Caroline Tote**

Director, Children's service

**Christine Lawrence**

Richmond Fellowship

**Mark Wheatley**

Public Health Specialist, Leicester City Council

## **3. Minutes of the last meeting and Matters arising (18<sup>th</sup> April 2018)**

3.1 The minutes of the last meeting were agreed as correct.

**3.2 Update on Action from the last meeting:**

- **Suicide rates has been deferred to the meeting in October as the main focus of today's meeting will be mental health strategy.**

## **4. Service user issues and good practice**

- 4.1 Tania Shah said that there are concerns around service users not volunteering because it affects their benefits. (Universal Credit)
- 4.2 Grant Paton said that Remit is doing good work. We do need a GP referral. There are lots of drop in and turning point is doing great.
- 4.3 Grant Paton and Tania Shah spoke to Alyson Taylor from UHL about people's experience of A&E and lack of communication between the mental health service and A&E.

## **5. Carers issues and good practice**

- 5.1 Ramesh Kanani said that during the carers week there were over 35 carers not recognised as a carer. Reduced funding affects carers services.
- 5.2 Gill Huddleston said that few carers have recently said that they are feeling that their lives are governed by the person they support.
- 5.3 Carers have been and are involved in a number of consultations around carer support and the carers' strategy. There will be a couple of meetings around the advocacy consultation that ends on 3<sup>rd</sup> August. The meetings will be on 20<sup>th</sup> and 26<sup>th</sup> July.
- 5.4 Gill Huddleston said that Dr Kiani is looking at sensory issues and hoping to do some research into the effect of sensory issues on people's lives. The carers autism group felt that a sensory self-help support group was needed. Following on from this Dr Kiani, Laura Horton from LCIL and Gill are hoping to start a group running in October. It is likely to be based at LCIL in Leicester to give as many people an opportunity to go to it as wish.
- 5.5 At a carers meeting the issue of languages came arose. As a result the carers centre are looking at how they can set up a speaking other languages group whereby cares can informally help each other to perhaps develop their English skills or even learn a few words in Gujarati or any other language that someone in the group speaks.
- 5.6 If the carers centre can get this group up and running it will have a facilitator, but will be heavily reliant on carers supporting each other. It is aimed at being a fun group without the pressure of tests to pass, but will include concepts that people may struggle with around social care issues.

## **6. Service User Participation**

- 6.1 Tom Elkington talked about service user participation. The council is planning to have a new service that gives all groups of service users the chance to speak out, and continue the work of the current 'We Think' group of the Learning Disability Partnership Board.
- 6.2 Part of this new service's role will be to work closely with service user groups, advocacy services, and other partnership boards to ensure consistency of support to relevant service users.
- 6.3 The engagement work will be taking place from now until the end of August. Ben Smith will be doing a session with any users and carers who like to be involved from the Mental Health Partnership Board.
- 6.4 Ben Smith said that over the last year there has been increased service users and carers participation at the Mental Health Partnership Board meetings. Ben is also supportive of this idea around service user participation.
- 6.5 Gill Huddleston said that with all these cuts it becomes harder and harder to participate.
- 6.6 Councillor Clarke said that this is fantastic work taking place. This work is not just around participation but also leadership of service users.

**Action If anyone would like to be involved around service user participation let Tom/Kavita know at the end of the meeting.**

## **7. Troubled families programme**

- 7.1 Esther Jones talked about the 'Troubled Families Programme' which will be running until 2010. The presentation is included with the minutes.
- 7.2 Esther Jones said that The Troubled Families Programme is not a service.

7.3 The Troubled Families Programme is around changing the way services work with families:

- Ensuring an integrated, 'whole family' approach is used
- Overlapping and interconnected problems and histories are recognised and dealt with
- Joined up support is offered i.e. there is one lead professional, families are not subject to multiple assessments, thresholds, appointments and measures

7.4 In county the programme is called 'Supporting Families in Leicestershire'

7.5 Tom Elkington asked about more information around early help assessment. Laura Horton asked about the 'Troubled Families' definition of a family.

**Action Esther Jones to email more information around early help assessment and the 'Troubled Families' definition of a family to Kavita for circulation.**

## **8. Adult Social Care Consultations**

8.1 Ben Smith said that there are 3 adult social care consultations running at the moment. They cover proposals that we in Adult Social Care is suggesting on changes to three services: advocacy, support for people who have had a stroke, and a Disabled Persons' Support Service. We would like to hear what people think about the proposals.

8.2 The consultations started on the 21<sup>st</sup> May and end on the 3<sup>rd</sup> August. The surveys are on the Leicester City Council website on the Consultation Hub. If you would like a printed survey to be sent to you instead, so you can fill it in and send it back to us, then please email or phone us. The email address and the phone number is on the slide. The consultation responses makes a significant change.

## **9. Housing**

9.1 Nicola Wilmot and Kanwaljit Basra gave a presentation about housing and how their policies fit within adult social care and care act. The presentation is included with the minutes.



- 9.2 Kanwaljit Basra said that when housing applications are made the report and supporting information need to be clear enough around needs and not concentrate so much on the property. This need to include information about how your mental health is affected by your current accommodation.
- 9.3 Councilor Clarke said that we are about to build few more affordable housing. This will not resolve the issue but it will give additional support.
- 9.4 Councilor Clarke talked about taking annual report from the Mental Health Partnership Board to Health and Wellbeing board.

**Action Nicola Wilmot to send more information about who gets social housing to Kavita for circulation.**

## **10. Leicester City Mental Health Strategy**

- 10.1 Members of the board were split into different groups to have a discussion around what is good, what should be better and what needs to be done around:
- Prevention
  - Accommodation / Social Care
  - Employment / Education / Volunteering
- 10.2 Ben Smith and John Singh will be meeting in August to look at all the notes from today's session and start drafting the strategy before the next Board meeting.

## **11. Meeting dates 2018**

24<sup>th</sup> October 2018

**Time:** 10 to 12:30pm

**Venue:** Main Hall, City Hall  
115 Charles Street  
Leicester, LE1 1FZ

## **Actions**

- 1. Suicide rates to be on agenda at the October meeting.**
- 2. If anyone would like to be involved around service user participation let Tom/Kavita know at the end of the meeting.**
- 3. Esther Jones to email more information around early help assessment and the 'Troubled Families' definition of a family to Kavita for circulation.**
- 4. Nicola Wilmot to send more information about who gets social housing to Kavita for circulation.**