



Leicester City Mental Health Partnership Board Minutes

**Main Hall, City Hall
115 Charles Street
Leicester
LE1 1FZ**

**Thursday
30th May 2019
10 to 12:30**

**Large Hall
Brite Centre**

1. Welcome and introductions

Councillor Dempster introduced herself and confirmed that she had taken over Lead member responsibility for Health from Cllr Adam Clarke. Cllr Dempster explained that the service user co-chairs would be chairing the Partnership Board from this meeting onwards. Co-Chair Grant Paton chaired the meeting and welcomed everybody. Everybody said their names and what they do.

Councillor Vi Dempster

Assistant City Mayor (Health lead)

Tania Shah

Co-chair, service user representative

Grant Paton

Co-chair, service user representative

Ramesh Kanani

Vice-chair, Carer

Ben Smith

Business Change Commissioning Manager, Social Care and Education, Leicester City Council

Mark Aspey

Lead Commissioner – Autism, Learning Disabilities, Mental Health and Substance Misuse, Social Care and Education, Leicester City Council

Gill Huddleston

Carer and service user

Andrew Langley

service user

Helen Thompson

Leicestershire Partnership Trust

Farhnaz Abubakar
Richmond Fellowship

John Singh
Strategy & Implementation Manager, NHS Leicestershire Partnership
Trust

Krystyna Frampton
Senior Economic Regeneration Employment Hub Officer

Mark Wheatley
Public Health Specialist, Leicester City Council

Catherine Crook
Public Health, Leicester City Council

Bryonie Mellor
Healthwatch Leicester and Leicestershire

Elaine Egan-Morris
Leicester City CCG

Joe Chaney
Pohwer

David Brown
Valuing People Support Assistant, Leicester City Council

Betty Clarke
Homeless Service Assistant Manager, Housing, Leicester City Council

Sarah Whittle
Service Manager, Family Therapies, Leicester City Council

Jo Pinder
The Race Equality Centre

Max Houghton
Head of Advocacy, LAMP

Zoheb Shariff
Chief Executive, Mosaic

Steve Jepson
Mosaic

Phil Akiens
Group Manager, Contracts and Assurance, Leicester City Council

Philip Hazeldine
Team Leader, Enablement, Leicester City Council

Sarah Buxton-Adams
Department for Work and Pensions

Vinesh Acharya
Department for Work and Pensions

2. Apologies

AR
Carer and service user

SK
Carer and Service user

Barry North
Carer

Jackie North
Carer

Vib Patel
Department for Work and Pensions

Sarah Morris
Head of Service (Social Work), Leicester City Council

Tejash Gohil
Service manager, Advance UK

Michael Macbean
University of Leicester

Alison Morley
Business Development and Partnerships Advisor

3. Minutes of the last meeting and Matters arising (30th January 2019)

3.1 The minutes of the last meeting were agreed as correct.

3.2 Update on Actions from the last meeting:

- Ben Smith confirmed that the planned agenda item on Personal Independence Payment (PIP) had been postponed until the August meeting. Ben explained that the May meeting had been themed around health issues and that the theme for the August meeting would be Mental Health and benefits and that this would include PIP. Ben confirmed that Capita (responsible for administering PIP in Leicester) had provided a commitment to attend the August meeting. Ben requested that any issues around PIP were sent to him so that these could be shared with Capita to inform their presentation at the August Board.
- Ben confirmed that all other actions from the January meeting had been completed as required.

Action If anyone has any questions for Capita around PIP, email this to Ben.Smith2@leicester.gov.uk

4. Matters Arising

None

5. Commissioning Update

Mark Aspey provided an update on the Service User Participation (SUP) Service and confirmed that Mosaic would be providing this from 1 July 2019. Mark explained that the SUP service would provide support for Mental Health service users to participate in co-production activities. Mark confirmed that the SUP service would support service users across Learning Disability, Mental Health and Autism co-production activities including support at the Mental Health Partnership Board. Steve Jepson from Mosaic provided an

update on progress so far.

6. Service user issues and good practice

- 6.1 Tania Shah said that LPT had been undertaking numerous co-production activities with service users and explained that she and Grant Paton had been on the interview panel for LPT's new Chief Executive.
- 6.2 Tania Shah talked about the good practice from the Recovery Café and You in Mind
- 6.3 Tania Shah explained that there had been some issues reported by service users where, if the service users mental health consultant is on leave, appointments are cancelled. Tania suggested that there should be a better system in place to support service users with their mental health. Helen Thompson from LPT responded to Tania's statement and confirmed that LPT were looking at providing more comprehensive cover arrangements when staff were on annual leave or off sick.
- 6.4 Grant Paton raised the issue of GP's charging for the provision of generic letters that do not provide sufficient information to support benefit claims. Grant explained that DWP / JCP etc. require information on service users mental health diagnosis so the letters (that can cost £40 per letter) were not fit for purpose. John Singh and Joanne Ryder offered to provide an update on GP's charging for the provision of letters to patients at the next Board meeting
- 6.5 Karen (Carer and Service User) raised issues about being passed from service to service with no agency taking responsibility for appropriate care. Due to the personal nature for some of the reported issues it was agreed that Tracie Rees would liaise with Karen outside the meeting to try to help resolve some of the issues. Joe Chaney from POhWER informed Partnership Board members that the NHS Complaints line may be able to provide support. Jo Ryder from Leicester City CCG also suggested that she may be able to find the right person in the CCG to resolve some of the issues. Max Houghton from LAMP suggested that one of their advocates may be able to provide support.

Actions: John Singh and Joanne Ryder offered to provide an update on GP's charging for the provision of letters to

patients at the next Board meeting

Tracie Rees would liaise with Karen outside the meeting to try to help resolve some of the issues.

7. Carers issues and good practice

7.1 Ramesh gave an update on carers activities since the last Partnership Board meeting and provided a summary of a play that had been written and performed by carers during Mental Health Awareness Week. Ben Smith confirmed that he had attended the Recovery Café meeting where the play was performed and said that it provided a great insight into the day in the life of a carer. Ramesh confirmed that the play would be performed again, and Ben and Ramesh encouraged Partnership Board members to attend if possible.

7.2 Gill Huddleston from the Carers Centre presented information on the activities of the carers centre groups since the last meeting. Gill explained that they had been working with Rob Melling from LPT and had designed some posters that they hoped would be used by LPT to raise the profile of carers. Mark Wheatley requested permission from the Carers Centre to take copies of the posters. Mark Wheatley suggested that the Carers Centre should look at the Time to Change grants scheme and confirmed he was keen to talk to Gill about this outside the meeting.

7.3 Gill confirmed that the Carers Centre would be continuing to provide services to Carers post July 2019 (when the contracts transfers to Age UK) and that she was still keen to attend the Mental Health Partnership Board in future.

7.4 Gill Huddleston talked about Carer engagement activities from the end of January 2019 to May 2019, detailed in the presentation.

Action Kavita to circulate carers presentation from Gill Huddleston to all.

Carers posters to be shared with Mark Wheatley and Catherine Crook from Public Health.

8. NHS 10 Year Plan

- 8.1 John Singh and Elaine Egan-Morris gave a presentation on the implications of the NHS 10 Year Plan on adults and children's mental health services.
- 8.2 Adults and Older persons mental health service will increase access to Improving Access to Psychological Therapies Services (IAPT). There will be an increase in access to mental health crisis services and work towards eliminating the need for out of area inpatient admissions by the end of 2021/22. Mental Health services will also work to reduce suicides and provide more bereavement support
- 8.3 Adults and Older Persons Mental Health services will focus on improving dementia diagnosis and reducing waiting times for community mental health services
- 8.4 CCG's will be expected to develop Primary Care Networks that will bring GP Practices together with pharmacies, social care, community nursing, geriatricians and voluntary sector groups. Primary Care Networks will receive funding for social prescribing link workers to embed social prescribing into primary care services.
- 8.5 Elaine Egan-Morris presented information on the NHS 10 Year Plan and the impact on children's mental health services. Elaine confirmed that Leicester had already been working on some of the priority areas through the Future in Mind programme that started in 2015.
- 8.6 Elaine explained that the NHS 10 Year Plan provided a commitment that funding for children's mental health services will grow faster than overall NHS funding and total mental health funding. More NHS funded mental health support will be available in schools and colleges. There will be a specific focus on eating disorder services and expanding crisis and home treatment services.

9. Leicester City Joint Integrated Commissioning Strategy for Mental Health

- 9.1 Ben Smith provided an update on the draft Mental Health Strategy and confirmed that it would be going for formal consultation following sign off from CCG and Council Board / decision making processes.
- 9.2 Ben confirmed that members of the MHPB would be informed once the dates for consultation had been agreed and requested that Partnership Board members promoted the consultation to all their networks.

Action: Consultation dates to be shared with MHPB membership once confirmed. MHPB members to promote consultation.

10. Leicestershire Partnership Trust response to Care Quality Commission 2019 report

- 10.1 Helen Thompson gave a presentation on LPT's quality improvement progress since the CQC report. Helen confirmed that LPT are focusing on improving the CAMHS service, LPT's inpatient environment (including significant work at the Bradgate Unit), fire safety issues and smoking, medicines management, seclusion environments, care planning and improving governance and support.
- 10.2 Helen provided information on LPT's new Chief Executive, Angela Hillery and confirmed that Angela would be a shared Chief Executive with Northamptonshire Healthcare NHS Trust.

Action Helen Thompson's presentation to be circulated with the minutes.

Time to change scheme and update on Mental Health Awareness week

- 10.3 Mark Wheatley and Catherine Crook provided an update on the activities run in partnership with the Life Links service during Mental Awareness Week.
- 10.4 Mark and Catherine also delivered a presentation on the Time to Change programme and updated the Partnership Board on the different organisations that had received grant funding to help to reduce mental health stigma.
- 10.5 Mark and Cat introduced Malcolm from the “Knead to Chat” project that runs bread making courses to assist people with their mental health. Malcolm provided information on where the idea for the project came from and talked about the different client groups that have benefited from the therapeutic bread making sessions. It was agreed that more information would be circulated with the minutes to allow Mental Health Partnership Board members to find out more from Malcolm.

Action Time to Change presentation and Malcolm’s details to be circulated with the minutes.

11. Any other business

12. Meeting dates 2019

29 August 10:00am to 12:30pm at the Tea Rooms, Town Hall

21 November 10:00am to 12:30pm at the Tea Rooms, Town Hall

Actions

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- 2. Tracie Rees would liaise with Karen outside the meeting to try to help resolve some of the issues.**
- 3. John Singh and Joanne Ryder offered to provide an update on GP's charging for the provision of letters to patients at the next Board meeting**
- 4. Kavita to circulate Carers presentation from Gill Huddleston to all.**
- 5. Carers posters to be shared with Mark Wheatley and Catherine Crook from Public Health.**
- 6. Consultation dates to be shared with MHPB membership once confirmed. MHPB members to promote consultation.**
- 7. Helen Thompson's presentation to be circulated with the minutes.**
- 8. Time to Change presentation and Malcolm's details to be circulated with the minutes.**