



	Monday	Tuesday	Wednesday	Thursday	Friday
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Vegetarian Option 1	Paneer & sweetcorn curry served with rice & chapatti	Chickpea & potato curry served with rice & naan bread	Mixed dhal served with rice & cumin flat bread	Cheese pizza with peppers & sweetcorn	Quorn burger
Vegetarian Option 2	Vegetable bolognese	Vegetable jambalaya served with sweetcorn relish	Quorn fillet served with stuffing & gravy	Cheese pizza with peppers & sweetcorn	Salmon fish fingers or fish cakes
Meat	Lamb bolognese	Chicken jambalaya served with sweetcorn relish	Roast chicken served with stuffing & gravy	Cheese pizza with peppers & sweetcorn	Salmon fish fingers or fish cakes
Deli	Pork or Quorn sausage hot dog with appleslaw served with side salad	Spicy chicken puff or pea & potato puff served with side salad	Tortilla wrap with BBQ chicken or Quorn served with side salad	Tuna mayonnaise & spring onion bagel served with side salad	Jacket potato with cheese & baked beans served with side salad
Dessert	Chocolate brownie or coconut cookie	Apple sponge & custard or chocolate krispie	Fresh fruit & yoghurt selection or fresh fruit served with yoghurt & granola topping	Ice cream or pear & chocolate sponge served with chocolate sauce	Jelly with fruit or ginger biscuit

Vegetarian Option 1	Quorn sausage	Traditional Quorn pie served with gravy	Tuna pasta bake	Vegetable lasagne	Fish fingers
Vegetarian Option 2	Mixed dhal served with rice & chapatti	Chickpea curry served with rice & naan bread	Macaroni cheese	Black eyed bean curry served with rice & chapatti	Vegetable fingers
Meat	Pork sausage	Traditional chicken pie served with gravy	Tuna pasta bake	Lamb lasagne	Fish fingers
Deli	Jacket potato with mixed bean chilli served with side salad	Tortilla boat with spicy Quorn or spicy chicken served with side salad	Wild west jacket potato served with side salad	Vegetable quesadilla served with side salad	Jacket potato with baked beans served with side salad
Dessert	Rhubarb crumble & custard or chocolate biscuit	Apple flapjack or cherry shortbread	Fresh fruit & yoghurt selection or fresh fruit served with yoghurt & granola topping	Ice cream or iced carrot cake	Chocolate tart or iced fruit sponge

Vegetarian Option 1	Toover dhal served with rice & chapatti	Vegetable curry	Red bean & sweetcorn curry served with rice & naan bread	Cheese & pepper flan or cheese flan	Vegetable burger
Vegetarian Option 2	Vegetable shepherds pie	Vegetable curry	Quorn fillet served with stuffing & gravy	Cheese & pepper flan or cheese flan	Battered pollock bites
Meat	Lamb shepherds pie	Chicken curry	Pork loin served with stuffing & gravy	Breaded salmon fillet	Battered pollock bites
Deli	Jacket potato with cheese & baked beans served with side salad	Chicken & sweetcorn carbonara or vegetable carbonara served with a garlic roll & side salad	Spicy chicken or spicy bean enchilada served with side salad	Jacket potato with tuna mayonnaise & spring onion served with side salad	French bread pizza served with side salad
Dessert	Cheese & biscuits served with grapes or oat & raisin cookie	Apple crumble & custard or chocolate shortbread	Fruit muffin or butterscotch biscuit	Fresh fruit & yoghurt selection or fresh fruit served with yoghurt & granola topping	Ice cream or fruit strudel & custard

For all allergens please ask a member of catering staff

Locally sourced free-range eggs

British organic milk

Fish certified by the Marine Stewardship Council

Organic pasta

Organic fruit yoghurts

Red Tractor Farm Assured & British meat

Variety of breads



Week 1

2019
11 Nov, 2 Dec
2020
6 Jan, 27 Jan, 24 Feb, 16 Mar, 20 Apr, 11 May, 8 Jun, 29 Jun, 31 Aug, 21 Sep, 12 Oct

Week 2

2019
18 Nov, 9 Dec
2020
13 Jan, 3 Feb, 2 Mar, 23 Mar, 27 Apr, 18 May, 15 Jun, 6 Jul, 7 Sep, 28 Sep

Week 3

2019
25 Nov, 16 Dec
2020
20 Jan, 10 Feb, 9 Mar, 30 Mar, 4 May, 1 Jun, 22 Jun, 24 Aug, 14 Sep, 5 Oct