



	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Meat</b>	Lamb bolognese	Chicken jambalaya served with sweetcorn relish	Roast chicken served with stuffing & gravy	Cheese pizza with peppers & sweetcorn	Salmon fish fingers or fish cakes
<b>Vegetarian</b>	Vegetable bolognese	Vegetable jambalaya served with sweetcorn relish	Quorn fillet served with stuffing & gravy	Cheese pizza with peppers & sweetcorn	Quorn burger
<b>Deli</b>	Pork or Quorn sausage hot dog with appleslaw served with side salad	Spicy chicken puff or pea & potato puff served with side salad	Tortilla wrap with BBQ chicken or BBQ Quorn served with side salad	Tuna mayonnaise & spring onion bagel served with side salad	Jacket potato with cheese & baked beans served with side salad
<b>Dessert</b>	Chocolate brownie or coconut cookie	Apple sponge & custard or chocolate krispie	Fresh fruit & yoghurt selection or fresh fruit served with yoghurt & granola topping	Ice cream or pear & chocolate sponge served with chocolate sauce	Jelly with fruit or ginger biscuit
<b>Meat</b>	Pork sausage	Traditional chicken pie served with gravy	Tuna pasta bake	Lamb lasagne	Fish fingers
<b>Vegetarian</b>	Quorn sausage	Traditional Quorn pie served with gravy	Macaroni cheese	Vegetable lasagne	Vegetable fingers
<b>Deli</b>	Jacket potato with mixed bean chilli served with side salad	Tortilla boat with spicy chicken or spicy Quorn served with side salad	Wild west jacket potato served with side salad	Lamb or vegetable quesadilla served with side salad	Jacket potato with cheese & baked beans served with side salad
<b>Dessert</b>	Rhubarb crumble & custard or chocolate biscuit	Apple flapjack or cherry shortbread	Fresh fruit & yoghurt selection or fresh fruit served with yoghurt & granola topping	Ice cream or iced carrot cake	Chocolate tart or iced fruit sponge
<b>Meat</b>	Shepherds pie	Chicken curry	Pork loin served with stuffing & gravy	Breaded salmon fillet	Battered pollock bites
<b>Vegetarian</b>	Vegetable shepherds pie	Vegetable curry	Quorn fillet served with stuffing & gravy	Cheese & pepper flan or cheese flan	Vegetable burger
<b>Deli</b>	Jacket potato with cheese & baked beans served with side salad	Chicken & sweetcorn carbonara or vegetable carbonara served with a garlic roll & side salad	Spicy chicken or bean enchilada served with side salad	Jacket potato with tuna mayonnaise & spring onion served with side salad	French bread pizza served with side salad
<b>Dessert</b>	Cheese & biscuits served with grapes or oat & raisin cookie	Apple crumble & custard or chocolate shortbread	Fruit muffin or butterscotch biscuit	Fresh fruit & yoghurt selection or fresh fruit served with yoghurt & granola topping	Ice cream or fruit strudel & custard

Locally sourced free-range eggs

British organic milk

Fish certified by the Marine Stewardship Council

Organic pasta

Organic fruit yoghurts

Red Tractor Farm Assured & British meat

Variety of breads



Freshly made tomato-based sauce

The amount of sugar in most of our puddings has been reduced

Seasonal vegetables served where possible

**Week 1**

2019  
11 Nov, 2 Dec  
2020  
6 Jan, 27 Jan, 24 Feb, 16 Mar, 20 Apr, 11 May, 8 Jun, 29 Jun, 31 Aug, 21 Sep, 12 Oct

**Week 2**

2019  
18 Nov, 9 Dec  
2020  
13 Jan, 3 Feb, 2 Mar, 23 Mar, 27 Apr, 18 May, 15 Jun, 6 Jul, 7 Sep, 28 Sep

**Week 3**

2019  
25 Nov, 16 Dec  
2020  
20 Jan, 10 Feb, 9 Mar, 30 Mar, 4 May, 1 Jun, 22 Jun, 24 Aug, 14 Sep, 5 Oct

**For all allergens please ask a member of catering staff**