

Monday

Main Pool		
Time	Session	No. of lanes
7am – 9am	Lane Swim	2
9am – 12pm	General Swim	0
12pm – 2pm	Lane Swim	2
2pm – 3pm	General Swim	0
3pm – 4pm	CLOSED	-
4pm – 6pm	Swimming Lessons	-
6pm – 8pm	Women & Girls	0
8pm – 9pm	Swim Club	2

Small Pool		
Time	Session	No. of lanes
7am – 9am	Lane Swim	-
9am – 12pm	General Swim	-
12pm – 2pm	Lane Swim	-
2pm – 3pm	General Swim	-
3pm – 4pm	CLOSED	-
4pm – 6pm	Swimming Lessons	-
6pm – 8pm	Women & Girls	-
8pm – 9pm	Swim Club	-

Tuesday

Main Pool		
Time	Session	No. of lanes
7am – 9am	Lane Swim	2
9am – 12pm	General Swim	0
12pm – 2pm	Lane Swim	2
2pm - 3pm	General Swim	0
3pm – 4pm	CLOSED	-
4pm – 7pm	Swimming Lessons	0
7pm – 9pm	Swim Club	2

Small Pool		
Time	Session	No. of lanes
7am – 9am	Lane Swim	-
9am – 12pm	General Swim	-
12pm – 2pm	Lane Swim	-
2pm - 3pm	General Swim	-
3pm – 4pm	CLOSED	-
4pm – 7pm	Swimming Lessons	-
7pm – 9pm	Swim Club	-

Wednesday

Main Pool		
Time	Session	No. of lanes
7am – 9am	Lane Swim	2
9am – 12pm	General Swim	0
12pm – 1pm	Lane Swim	2
1pm - 2pm	Women and Girls	0
2pm - 3pm	General Swim	0
3pm – 4pm	CLOSED	-
4pm – 7pm	Swimming Lessons	0
7pm – 8pm	Lane Swim	2
8pm – 9pm	Swim Club	2

Small Pool		
Time	Session	No. of lanes
7am – 9am	Lane Swim	-
9am – 12pm	General Swim	-
12pm – 1pm	Lane Swim	-
1pm - 2pm	Women and Girls	-
2pm - 3pm	General Swim	-
3pm – 4pm	CLOSED	-
4pm – 7pm	Swimming Lessons	-
7pm – 8pm	Lane Swim	-
8pm – 9pm	Swim Club	-

Thursday

Main Pool		
Time	Session	No. of lanes
7am – 9am	Lane Swim	2
9am – 12pm	General Swim	0
12pm – 2pm	Lane Swim	2
2pm - 3pm	General Swim	0
3pm – 4pm	CLOSED	-
4pm – 7pm	Swimming Lessons	0
7pm – 8pm	Men Only	0
8pm – 9pm	Swim Club	2

Small Pool		
Time	Session	No. of lanes
7am – 9am	Lane Swim	-
9am – 12pm	General Swim	-
12pm – 2pm	Lane Swim	-
2pm - 3pm	General Swim	-
3pm – 4pm	CLOSED	-
4pm – 7pm	Swimming Lessons	-
7pm – 8pm	Men Only	-
8pm – 9pm	Swim Club	-

Friday

Main Pool		
Time	Session	No. of lanes
7am – 9am	Lane Swim	2
9am – 12pm	General Swim	0
12pm – 2pm	Lane Swim	2
2pm - 3pm	General Swim	0
3pm – 4pm	CLOSED	-
4pm – 7pm	Swimming Lessons	0
7pm – 9pm	Lane Swim	2
8pm – 9pm	Swim Club	2

Small Pool		
Time	Session	No. of lanes
7am – 9am	Lane Swim	-
9am – 12pm	General Swim	-
12pm – 2pm	Lane Swim	-
2pm - 3pm	General Swim	-
3pm – 4pm	CLOSED	-
4pm – 7pm	Swimming Lessons	-
8pm – 9pm	Swim Club	-

