

# Monday

Main Pool		
Time	Session	No. of lanes
7am – 2pm	Lane Swim	4
2pm – 3pm	CLOSED	-
3pm – 5pm	Lane Swim	4
5pm – 8.30pm	Swim Club	4
8.30pm – 10pm	Lane Swim	4

Small Pool		
Time	Session	No. of lanes
7am – 10am	Lane Swim	2
10am – 12pm	General Swim	-
12pm – 2pm	Lane Swim	2
2pm – 3pm	CLOSED	-
3pm – 6pm	Lane Swim	2
6pm – 8pm	Swim Club	2
8pm – 9pm	Lane Swim	2

# Tuesday

Main Pool		
Time	Session	No. of lanes
7am – 2pm	Lane Swim	4
2pm – 3pm	CLOSED	-
3pm – 5pm	Lane Swim	4
5pm – 8.30pm	Swim Club	4
8.30pm – 10pm	Lane Swim	4

Small Pool		
Time	Session	No. of lanes
7am – 10am	Lane Swim	2
10am – 12pm	General Swim	-
12pm – 2pm	Lane Swim	2
2pm – 3pm	CLOSED	-
3pm – 6pm	Lane Swim	2
6pm – 8pm	Swim Club	2
8pm – 9pm	Lane Swim	2

# Wednesday

Main Pool		
Time	Session	No. of lanes
7am – 2pm	Lane Swim	4
2pm – 3pm	CLOSED	-
3pm – 5pm	Lane Swim	4
5pm – 8.30pm	Swim Club	4
8.30pm – 10pm	Lane Swim	4

Small Pool		
Time	Session	No. of lanes
7am – 10am	Lane Swim	2
10am – 12pm	General Swim	-
12pm – 2pm	Lane Swim	2
2pm – 3pm	CLOSED	-
3pm – 9pm	Lane Swim	2



# Friday

Main Pool		
Time	Session	No. of lanes
7am – 2pm	Lane Swim	4
2pm – 3pm	CLOSED	-
3pm – 5pm	Lane Swim	4
5pm – 10pm	Swim Club	4

Small Pool		
Time	Session	No. of lanes
7am – 10am	Lane Swim	2
10am – 12pm	General Swim	-
12pm – 2pm	Lane Swim	2
2pm – 3pm	CLOSED	-
3pm – 6pm	Lane Swim	2
6pm – 8pm	Swim Club	2
8pm – 9pm	Lane Swim	2



